

AUTUMN SEASONAL MENU 2019

WEEK 1		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY					
2nd September 23rd September 14th October 11th November 2nd December	VEG STICKS ARE ALWAYS AVAILABLE FOR ALL CHILDREN	Pupil Name:					Vegetarian: YES / NO				
		Class:					Allergies:				
		Menu Options	Order	Menu Options	Order	Menu Options	Order	Menu Options	Order		
Vegetarians ordering option 1 or 2 will be sent a suitable vegetarian alternative	Option 1	Mild Chicken Curry, Rice & Vegetables		Sausage, Yorkshire Pudding, Mixed Vegetables & Gravy		Roast Chicken, Crispy Roasties, Vegetables & Gravy		Fillet of Fish Burger, Potato Wedges & Sweetcorn		Baked Gammon Ham , Herby Potatoes & Baked Beans	
	Option 2	Jacket Potato served with Freshly Grated Cheese & Vegetable Sticks		Cheese & Tomato Pasta Salad		Jacket Potato served with Ham & Vegetable Sticks		Jacket Potato served with Baked Beans & Vegetable Sticks		Macaroni Cheese & Vegetable Sticks	
	Pudding of the Day	Fruit		Chocolate Chip Muffin		Baked Jam Doughnut		Cut Fruit		Jelly	
		Yoghurt		Fruit		Fruit		Fruit		Fruit	
	.		Yoghurt		Yoghurt		Yoghurt		Yoghurt		Yoghurt
All packed lunches are served with vegetable sticks & a choice of pudding of the day, fruit or yoghurt	Packed Lunch	Cheese		Cheese		Cheese		Cheese		Cheese	
		Ham		Ham		Ham		Ham		Ham	
		Egg Mayo		Egg Mayo		Egg Mayo		Egg Mayo		Egg Mayo	
		Marmite		Marmite		Marmite		Marmite		Marmite	
		Philly		Philly		Philly		Philly		Philly	
Tuna Mayo		Tuna Mayo		Tuna Mayo		Tuna Mayo		Tuna Mayo		Tuna Mayo	

WEEK 2		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY					
9th September 1st October 21st October 18th November 9th December	VEG STICKS ARE ALWAYS AVAILABLE FOR ALL CHILDREN	Pupil Name:					Vegetarian: YES / NO				
		Class:					Allergies:				
		Menu Options	Order	Menu Options	Order	Menu Options	Order	Menu Options	Order		
Vegetarians ordering option 1 or 2 will be sent a	Option 1	Oven Baked Fish, Chips & Peas		Hot Dog served with Corn-on-the Cob, Vegetable Sticks & Tomato Ketchup		Roast Pork, Crispy Roasties, Vegetables & Gravy		Creamy Chicken & Bacon, Broccoli & Pasta		Cheese & Tomato Pizza (handmade) & Vegetable Sticks	

<i>suitable vegetarian alternative</i>	Option 2	Jacket Potato served with Freshly Grated Cheese & Vegetable Sticks	Jacket Potato served with Cheesy Coleslaw & Vegetable Sticks	Tuna & Sweetcorn Pasta Salad	Jacket Potato served with Baked Beans & Vegetable Sticks	Pasta Pesto Salad with Cherry Tomatoes
	Pudding of the Day Fruit Yoghurt	Fruit Yoghurt	Mini Gingerbread Biscuit & Fromage Frais Fruit Yoghurt	Cherry Bakewell Cake Fruit Yoghurt	Cut Fruit Fruit Yoghurt	Blueberry Muffin Fruit Yoghurt
<i>All packed lunches are served with vegetable sticks & a choice of pudding of the day, fruit or yoghurt</i>	Packed Lunch	Cheese	Cheese	Cheese	Cheese	Cheese
		Ham	Ham	Ham	Ham	Ham
		Egg Mayo	Egg Mayo	Egg Mayo	Egg Mayo	Egg Mayo
		Marmite	Marmite	Marmite	Marmite	Marmite
		Philly	Philly	Philly	Philly	Philly
		Tuna Mayo	Tuna Mayo	Tuna Mayo	Tuna Mayo	Tuna Mayo

WEEK 3		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
16th September 7th October 25th November 16th December	VEG STICKS ARE ALWAYS AVAILABLE FOR ALL CHILDREN	Pupil Name: _____					Vegetarian: YES / NO
		Class: _____					Allergies: _____
		Menu Options	Order	Menu Options	Order	Menu Options	Order
<i>Vegetarians ordering option 1 or 2 will be sent a suitable vegetarian alternative</i>	Option 1	Pasta Bolognese, Garlic Bread & Vegetable Sticks	Fish Cake, Chips & Baked Beans	Roast Chicken, Crispy Roasties, Vegetables & Gravy	Beef Burger, Potato Wedges & Vegetable Sticks	Roast Chicken, Yorkshire Pudding, Broccoli & Sweetcorn	
	Option 2	Jacket Potato served with Baked Beans & Vegetable Sticks	Jacket Potato served with Freshly Grated Cheese & Vegetable Sticks	Cheese & Tomato Pasta Salad	Jacket Potato served with Tuna Mayonnaise, Sweetcorn & Vegetable Sticks	Jacket Potato served with Coleslaw & Vegetable Sticks	
	Pudding of the Day Fruit Yoghurt	Fruit Yoghurt	Jelly Fruit Yoghurt	Carrot Cake Fruit Yoghurt	Flapjack Fruit Yoghurt	Cut Fruit Fruit Yoghurt	
	Packed Lunch	Cheese	Cheese	Cheese	Cheese	Cheese	
		Ham	Ham	Ham	Ham	Ham	
Egg Mayo		Egg Mayo	Egg Mayo	Egg Mayo	Egg Mayo		
Marmite		Marmite	Marmite	Marmite	Marmite		
Philly		Philly	Philly	Philly	Philly		
Tuna Mayo	Tuna Mayo	Tuna Mayo	Tuna Mayo	Tuna Mayo	Tuna Mayo		