

## **PSHE (including RSE) in Ramsbury Primary School**

### **Intent**

At Ramsbury School we recognise the importance of Personal, Social, Health and Economic (PSHE) education and the role it plays in developing our children into confident, responsible, healthy individuals. We understand that there are proven links between a child's health and wellbeing and their academic progress. We know the value of focusing on promoting positive behaviour, mental health and wellbeing will have impact on their whole education.

Children will learn about themselves as developing individuals, as members of their communities and by reflecting on how they have an impact on the people and world around them. PSHE plays an important role in promoting Spiritual, Moral, Social and Cultural (SMSC) Education, incorporating British Values, which is implicit in the school ethos and is planned into all aspects of the curriculum. One of the National Curriculum aims is to provide 'pupils with an introduction to the essential knowledge they need to be educated citizens. It introduces pupils to the best that has been thought and said, and helps engender an appreciation of human creativity and achievement'. We intend for our children to gain Cultural Capital through our embedded curriculum where they can celebrate and embrace the different backgrounds, heritage, language and traditions of all the children living in this country. Our PSHE long term planning reflects this, as does many other aspects of our school curriculum.

### **Implementation**

At Ramsbury we follow SCARF – Safety, Caring, Achievement, Resilience, Friendship (Coram Life Education). This spiral curriculum is based upon the PSHE Association's Programme of Study Learning Opportunities, which includes three core themes: Health and Wellbeing, Relationships and Living in the Wider World. These themes have been broken down into six areas of learning

- Me and My Relationships
- Valuing Difference
- Keeping Myself Safe
- Rights and Responsibilities
- Being my Best
- Growing and Changing

Each class focuses on one of these areas each term. The areas of learning and the necessary key vocabulary are then revisited and built upon as children move onto the next stage of their education.

Teachers teach PSHE once a week but we also value the importance of embedding the key concepts as part of our broad and balanced curriculum. The ethos underpinning all of the SCARF resources promote a growth mindset approach by:

- Fostering curiosity and critical thinking
- Creating challenges and opportunities
- Using language and activities that promote thinking skills and debate, rather than 'right or wrong' answers
- Value the process of learning - not just the end result
- Developing a problem-solving approach
- Promoting a positive, nurturing learning environment

This approach teaches our children fundamental skills in learning and is subsequently reflected across our whole curriculum.

There will be times when a teacher feels it is necessary to address cohort or school specific issues and this is vital in the wellbeing of our children. Similarly, concepts and themes may also be addressed through assemblies and national campaigns such as Safer Internet Day.

### **Impact**

- Our curriculum ensures that all of our children become active and responsible citizens who recognise and value their contribution to society.
- Children will gain a perspective of themselves as both local and global citizens.
- Children will be well prepared for their journey towards life and work in modern Britain.
- Children will be well prepared for the changes that will happen to themselves and others as they grow up.
- Children will understand how to lead a healthy lifestyle.
- Children will be able to recognise the differences between right and wrong and the consequences of people's behaviour or actions.
- There will be acceptance of and engagement with the fundamental British values of democracy, the rule of law, individual liberty and mutual respect and tolerance of those with different faiths and beliefs.
- There will be an appreciation of the richness of cultures in both the United Kingdom and the wider world.

The Subject Leader for PSHE is Mrs Catherine McCallum.

