

**PSHE POLICY, INCLUDING RELATIONSHIPS EDUCATION**

Date	Review Date	Coordinator	Nominated Governor
04/22	04/23	Juliet Rean	Will Wallage

It is a statutory requirement for primary schools to deliver Relationships Education, and the schools are encouraged to deliver sex education that ensures both boys and girls are prepared for the changes adolescence brings and, drawing on knowledge of the human life cycle set out in the National Curriculum for science, how a baby is conceived and born.

Our policy not only covers the statutory content but covers all aspects of our Personal, Social, Health Economic (PSHE) education provision.

Our PSHE education, including statutory Relationships and Health education, and non-statutory sex education, provides a framework through which key skills, attributes and knowledge can be developed and applied. This promotes positive behaviour, good mental health and wellbeing, resilience and achievement, helping children to stay safe online, develop healthy and safe relationships, making sense of media messages, challenging extreme views and having the skills and attributes to negotiate and assert themselves now and in the future.

Ramsbury Primary School's PSHE provision supports the school's aims of developing confident and successful learners who are creative, resourceful and able to identify and solve problems. The social and emotional development of pupils is embedded throughout the school's curriculum and culture. The school has a planned thematic PSHE program, built around a spiral curriculum of recurring themes, designed to:

1. Give pupils the knowledge and develop the self-esteem, confidence and self-awareness to make informed choices and decisions;
2. Encourage and support the development of social skills and social awareness;
3. Enable pupils to make sense of their own personal and social experiences;
4. Promote responsible attitudes towards the maintenance of good physical and mental health, supported by a safe and healthy lifestyle;
5. Enable effective interpersonal relationships and develop a caring attitude towards others;
6. Encourage a caring attitude towards and responsibility for the environment;
7. Help our pupils understand and manage their feelings, build resilience and be independent, curious problem solvers;
8. Understand how society works and the laws, rights and responsibilities involved.

**How is PSHE (including RSE) taught at Ramsbury?**

At Ramsbury Primary School we use SCARF, a published scheme of work for PSHE. SCARF covers all of the DfE's statutory requirements for Relationships Education and Health Education, including non-statutory sex education, and the PSHE Association's Programme of Study, as well as contributing to different subject areas in the National Curriculum.

We follow the six suggested half termly units and adapt the scheme of work where necessary to meet the local circumstances of our school and the specific needs for our children. Teachers and children have been consulted during the planning process and their feedback has been valued. We recognise that this is an iterative process and will therefore regularly review what is being taught across the school.

We have chosen SCARF because the lessons build upon children's prior learning; we have assessed the content and feel that it is relevant and sensitive to the needs of our children. There is planned progression across the SCARF scheme of work, so that children are increasingly and appropriately challenged as they move up through the school.

The SCARF programme divides the year into 6 themed units:

1. Me and My Relationships: includes content on feelings, emotions, conflict resolution and friendships;
2. Valuing Difference: a focus on respectful relationships and British values;
3. Keeping Myself Safe: looking at keeping ourselves healthy and safe
4. Rights and Responsibilities: learning about money, living the wider world and the environment;
5. Being My Best: developing skills in keeping healthy, developing a growth mindset (resilience), goal-setting and achievement;
6. Growing and Changing: finding out about the human body, the changes that take place from birth to old age and being safe.

Teachers will answer children's questions factually and honestly in an age appropriate way and respond to any disclosures following the schools safeguarding procedures/child protection policy.

### **What is Relationships Education?**

At Ramsbury, children will learn about friends and families in all contexts, including online. These important building blocks of relationships education will enable our children to make informed decisions about their wellbeing, health and relationships.

Our Long Term Plan and Medium Term Plan, with lessons mapped out onto year groups, can be found in the appendices.

### **Sex Education**

Although it is non-statutory in primary school, at Ramsbury we feel it is absolutely necessary to cover important aspects of sex education. In Classes R to 2, children are taught to name body parts and discuss which of these are private. In Lower Key Stage 2 we teach the children about puberty, including menstruation. In Upper Key Stage 2 children are taught more in depth about puberty, coping with changes, and conception.

### **Parental concerns and withdrawal of students**

Parents have the right to request that their child be withdrawn from some or all of the non-statutory sex education our school teaches but not Relationships Education. They do not have a right to withdraw their children from those aspects of Sex Education that are taught in the statutory National Curriculum Science and Health Education. If there are any concerns, parents are invited to view our resources and discuss any concerns with our staff.

Before granting a request to withdraw a child/ren, the Head Teacher will invite the parent to discuss the request with them to ensure that their wishes are understood and to clarify the nature and purpose of the curriculum.

Ongoing communication with parents about what is planned to be taught and when, will be provided through termly letters home. Class teachers will also ensure they share what is covered in each class at our Curriculum Evening at the beginning of each academic year. Parents have the opportunity to view our policy. Our policy will be reviewed regularly by the Governing body and teaching staff.